



## Exchange of good practices in OSH Healthy Workplaces Campaign Partner event

### **Monday, 13 June 2022: PARALLEL WORKSHOPS (15.15 – 17.15)**

#### **Workshop 1: Mental health and musculoskeletal disorders (MSDs): Lessons learned from the pandemic**

“Lighten the Load” for employees is an all-times relevant theme. Even more in times of a crisis.

It relates to physical and mental burden likewise. In this workshop we will take a look beyond the mechanical perspective on MSDs (like repetitive strain disorders) on the interaction between mental well-being and musculoskeletal symptoms:

Mental strain leading to muscular tension, leading to MSDs at the workplace.

We hear about the changing employee demand and general employer practice that could be observed from trade union perspective and we learn about good practice from employers from three different industries.

The audience is explicitly asked to contribute via interactive polls and discussion of own experience.

#### Proposed programme for the workshop

1. Welcome and Intro from Moderator, incl. interactive question with audience (10 min): *Moderator Dr. Natalie Lotzmann*
2. Presentation 1 (10 min) & Discussion Q&A (10 min) – *Changing employee demands in the pandemic – Trade Union Perspective: Marian Schaapman*
3. Presentation 2 (10 min) & Discussion Q&A (10 min) – *Lessons learned at Ideal Standard: Dr. David Tjong*
4. Presentation 3 (10 min) & Discussion Q&A (10 min) – *Lessons learned at Toyota Material Handling: Carina Strömberg*
5. Presentation 4 (10 min) & Discussion Q&A (10 min) – *Lessons learned at SAP: Dr. Martin Grosshans*
6. Summary by Moderator, incl interactive reflection (20 min) – *Interactive Reflection on employer’s readiness for the future incl. examples from audience (Moderator)*

*[Buffer: 10 min]*

#### Presenters:

- Dr. Natalie Lotzmann, Global Head of Health, Safety & Well-Being, SAP SE
- Marian Schaapman, Head of Health & Safety and Working Condition Unit, ETUI
- Dr. David Tjong, EU-OSHA Honorary Campaign Partner, Retired Global Director HS&E, Ideal Standard
- Carina Strömberg, Sustainability Controller, Toyota Material Handling Europe
- Dr. Martin Grosshans, Head of Psychiatric and Psychological Counselling and of Return to Work Program, SAP SE

## **Monday, 13 June 2022: PARALLEL WORKSHOPS (15.15 – 17.15)**

### **Workshop 2: Removing the barriers for occupational safety and health (OSH) in education and training**

*High OSH competence and responsible behaviour of workers and managers are a prerequisite for OSH. Following the life course approach, we integrate OSH into education and training to provide appropriate solutions for each level of education. In addition, EU legislation requires employers to involve competent external services or persons. This requires specific OSH professionals, e.g. qualified safety and health coordinators, which are mandatory on construction sites, or specific training as workers' representatives in some countries. Due to national OSH regulations, the training of OSH professionals varies greatly from country to country, so we need structures that ensure the transferability of knowledge to promote OSH.*

*This workshop will look at different approaches to overcoming formal and informal barriers to make OSH an integral part of education and training, thereby laying the foundation for an OSH culture. The approaches will be illustrated with examples on the theme of the current EU-OSHA campaign on MSD prevention.*

#### Proposed programme for the workshop

1. Welcome and Intro from Prof. Gyula Szabó
2. Influencing an OSH culture in the workplace - Christina Wolverson
3. IQF (ISHCCO Qualification Framework) appropriate qualifications of OSH coordinators - Dr. Reinhard Obermaier
4. Strategies for overcoming barriers to the integration of safety and health in education and training, using the example of MSD prevention - Ulrike Bollmann PhD
5. Developing a societal OSH culture through a Life-Long Learning (L<sup>3</sup>) strategy - Dr George Scroubelos

#### Presenters:

- Prof. Gyula Szabó, representative from the Federation of European Ergonomics Societies (FEES), Óbuda University
- Christina Wolverson, LFOH, Industrial Hygienist Europe, Air Products PLC
- Dr. Reinhard Obermaier, President of the International Safety and Health Construction Co-ordinators Organization (ISHCCO)
- Ulrike Bollmann, PhD, International Cooperation Unit at the Institute for Work and Health of the German Social Accident Insurance (DGUV); Coordinator of the European Network Education and Training in Occupational Safety and Health (ENETOSH)
- Dr George Scroubelos Chairman European Health, Safety and Environment Committee (EHSEC) of European Federation of Maintenance Societies (EFNMS)

## Tuesday, 14 June 2022: PARALLEL WORKSHOPS (09:30 – 11.30)

### **Workshop 3: Digitalisation and occupational safety and health (OSH)**

Digitalisation is nowadays one of the most relevant challenges in modern industry and organisations due to the introduction of the advanced ICT and Key Enabling Technologies (KET). Even more the European Commission has deployed a formal approach where worker becomes a central element in the Industry 5.0 paradigm. OSH corporate departments, external consultancy firms and safety professional must deal with the introduction of such technologies and new digital processes (automation and co-robots safety, workers skills, psychosocial and other new risks, etc.) that affect all OSH strategies and plans so as the OSH function itself. Digitalisation processes should be designed with the active participation of OSH specialist that could ensure all Safety and Health issues (OSH by design). Furthermore, digitalisation offers huge opportunities to OSH function by developing new personalised systems and tools (advanced information systems supported on bigdata and artificial intelligence, better communication & tools to build safety culture and workers engagement, advanced training/awareness, accidentality prediction & early warning systems... and many more). And that means that OSH professional would need additional knowledge and new skills to face this shift towards (digitalised) smart and safer working environments.

During the workshop we will introduce a draft systemic approach to set a suitable vision on OSH & Digitalisation inside companies, the new role of OSH function and specialists, the short-term and long term goals and benefits, and identify the various barriers to face with in such process. Examples of good practices in a pair of European big companies and from a OSH services to SMEs will help to complete this practical view.

#### Proposed programme for the workshop

1. Welcome and Intro from Moderator, *Jose-Javier Larrañeta: A Strategic Vision on Digitalisation & OSH and a practical approach to deployment (goals, benefits, role of OSH specialists, and barriers)*
2. *Best practices to promote Health and Safety at work in SMEs through digitalisation*, Susana Romero
3. *Virtual Reality as tool for safety trainings*, Dr. Hansjörg Hagels
4. *Good practice of OSH and Digitalisation in Siemens*, Ms Andresa Hernandes

#### Presenters:

- Jose-Javier Larrañeta Ibañez ETPIS/PESI - The European Technology Platform on Industrial Safety
- Susana Romero Consultancy Mgr. at CATIMA, PESI Advisory Board (Safety Culture, Health & Wellbeing)  
Secretary at AEPSAL Spanish OSH Professionals Association (member of ENSHPO)
- Dr. Hansjörg Hagels Head Occupational Safety Germany bei Boehringer Ingelheim
- Andresa Hernandes Vice President Occupational Safety at Siemens AG

## **Tuesday, 14 June 2022: PARALLEL WORKSHOPS (09:30 – 11.30)**

### **Workshop 4: Sustainability strategies – inclusion of occupational safety and health (OSH)**

Sustainable development is a core principle of the Treaty on European Union and a priority objective for the Union's internal and external policies. The United Nations 2030 Agenda includes 17 Sustainable Development Goals (SDGs) intended to apply universally to all countries.

The European Commission aims to ensure coherence between industrial, environmental, health and safety at workplace, climate and energy policy to create an optimal business environment for sustainable growth, job creation, wellbeing and innovation. To support this, the Commission has established an ambitious agenda to transform EU economy into a circular one, where the value of products and materials is maintained for as long as possible, bringing major economic benefits. The Commission also supports European industry in the move to a climate-neutral economy and improves the energy efficiency of products through ecodesign legislation.

In this workshop we would like to show what has already been implemented and, using practical examples in individual companies, we would like to show the connecting elements of how sustainability can be implemented in companies.

#### **Proposed programme for the workshop**

1. Welcome and Intro from Moderator (Prof. Ralf Giercke)
2. Sustainability strategies, inclusion of occupational safety and health (Carina Strömberg)
3. Sustainability and Health Awareness, from the point of view of employees, companies, health, society (Victor Santos)
4. Wellbeing and Sustainability – Is there a Relationship? (Carlene Smith)
5. Discussion and future options for action (All)

#### **Presenters:**

- Prof. Ralf Giercke                      President of the European Network of Safety and Health Professional Organisation (ENSHPO)
- Carina Stromberg                      Sustainability Controller, Toyota Material Handling Europe
- Victor Santos                              EE/HR, Wellbeing, Health & Safety, Stellantis
- Carlene Smith                              Assessments Manager, DEKRA Organisational & Process Safety